

POT HURTS YOUNG BRAINS

YOUTH MARIJUANA USE AFFECTS MANY AREAS
OF THE BRAIN & CAN LEAD TO A DROP IN IQ.

22%

OF YOUTH IN STAUNTON &
WAYNESBORO BELIEVE THERE IS
NO RISK TO SMOKING
MARIJUANA.





DID YOU KNOW?

Many teens do not consider marijuana to be a harmful drug?

(Source: National Institute on Drug Abuse)

ABOUT MARIJUANA

THC, the main chemical in marijuana, content has been increasing over the past few decades according to the NIH, meaning today's marijuana is stronger than it was 30 years ago.

(Source: National Institutes of Health)

TIPS FOR PARENTS

- Be a good listener
- Give clear no-user messages about drugs
- Help your child deal with peer pressure
- Get to know your child's friends and parents
- Monitor your child's whereabouts
- Supervise teen activities
- Talk to your child often

(Source: U.S. Department of Health and Human Services)

**FOR MORE INFORMATION VISIT:
WWW.VALLEYPREVENTION.COM**

Information courtesy of Cambridge Prevention Coalition